

RACHEL M. BAILEY, MSW, LCSW

EDUCATION

Master of Social Work Clinical Practice <i>University of Missouri, Columbia</i>	<i>December 2012</i>
Bachelor of Arts Religious Studies <i>University of Missouri, Columbia</i>	<i>May 2007</i>

PROFESSIONAL LICENSURE

Licensed Clinical Social Worker , Missouri License Number 2013006683	<i>Issued January 2015</i>
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SPECIALIZED TRAINING AND CERTIFICATIONS

Dialectical Behavioral Therapy with Communities	<i>2012</i>
Dialectical Behavioral Therapy with Individuals	<i>2012</i>
Resilience and Coping Intervention	<i>2014</i>
Integrative Treatment of Complex Trauma	<i>2016</i>
Prolonged Exposure Protocol in Dialectical Behavioral Therapy	<i>2016</i>
Nurturing Parenting Facilitator	<i>2017</i>
Eye Movement Desensitization Reprocessing Certification	<i>2019</i>
Trauma Focused Cognitive Behavioral Therapy National Certification (in progress)	<i>2019</i>

ACADEMIC AND PROFESSIONAL EXPERIENCE

University of Missouri, School of Social Work Assistant Clinical Professor (1.0) Clinical Instructor (.5) Advise students, attend faculty meetings, develop curriculum, and syllabi.	<i>January 2019- Present</i> <i>August 2014- December 2018</i>
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Undergraduate courses taught include: Field Practicum, Interaction Skills, Senior Professional Seminar, and Theory of Social Work Groups.

Graduate courses taught include: Field Practicum I, Field Practicum II, Social Work Skills, Clinical Strategies, Social Work and Psychopathology, Trauma Practice and Crisis Intervention.

Online courses taught include: Social Work Skills, Clinical Strategies, Social Work and Psychopathology, Trauma Practice and Crisis Intervention

Course conversions: Direct Practice, Trauma Practice and Crisis Intervention, Social Work and Psychopathology (8-week format), developed online course in Suicide Assessment and Intervention for IBH Grant.

Family Facets Therapist Clinical Director Provide individual and family therapy to children, adolescents, and adults. Strengths-based, client-centered, and trauma-informed methods. Clinical assessment and diagnosis, treatment planning, and ongoing progress notes. Development and	<i>November 2013- Present</i> <i>November 2015- December 2018</i>
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implementation of quality assurance and utilization program. Responsible for personal hiring, staff development, supervision, and crisis management.

Field Instructor for MSW/MA Student(s)

June 2018- September 2018

March 2016- October 2016

May 2015-October 2015

May 2014- October 2014

Dialectical Behavioral Therapy (DBT) Vitality

November 2016- Present

Co-Founder, Individual Therapist

Formed team of providers in community to assess and treat life threatening behaviors. Teach weekly skills group to adults, attend consultation group, monitor therapist adherence, manage website, seek and manage funding, and program referrals. Provide comprehensive DBT treatment to adolescents and adults.

Child Permanency Services

January 2018- April 2019

Program Developer; Program Director

Developed evidence-based model to reduce the amount of time children in Boone County spend in alternative care. Joint collaboration between Family Facets and Boone County Family Court. Currently funded through Children Services Board.

University of Missouri, School of Social Work

August 2014- December 2016

BSW Field Education Coordinator

Coordinated undergraduate field practicum placements, and problem solved as needed. Initiated contact and collaborated effectively with community agencies to host student interns. Developed and facilitated orientations for students and Field Instructors. Taught Undergraduate and Graduate Field Practicum and Senior Seminar.

Dialectical Behavioral Therapy (DBT) Columbia

December 2012- July 2016

Co-Facilitator of Skills Group and Individual Therapist

Taught skills, reviewed homework and diary cards, and problem solved over application of skills for adolescents and parents participating in comprehensive program. Provided comprehensive DBT treatment to adolescents and adults. Attended weekly consultation, provided 24-hour coaching, and adhered to evidence-based model.

Bailey Consulting

November 2012-February 2016

Parent Aide and Parent Educator

Private vendor through the Department of Social Services providing both Parent Aide Services and Parent Education to clients of the 13th Circuit Division. Assessed, developed, and implemented treatment plans. Taught and modeled life, parenting, behavior modification, time management, self-advocacy, and homemaking skills. Presented trauma-informed parenting curriculum for biological and resource parents of traumatized children.

Family Facets

March 2008-June 2014

Intensive In-home/Intensive Family Reunification Specialist

Intensive in-home intervention, contracted through Missouri Children's Division, aimed at preventing removal and/or return of children to biological home. Assessed family functioning, needs, identified barriers to reunification, developed goals, taught/implemented skills, and assessed safety daily. Collaborated with additional child welfare agencies, facilitated family support team meetings, and provided 24-hour coverage for crises.

Burns Consulting and Family Facets

May 2012- November 2012

Parent Aide/Education and Intensive In-home Consultant-Field Practicum

Assessed, developed, and implemented treatment plans. Taught and modeled life, parenting, behavior modification, time management, self-advocacy, and homemaking skills. Parenting class taught based on researched and developed curriculum. Consulted with intensive in-home specialist employees. Taught, modeled, and problem solved over clinical and direct practice skills.

Family Facets

May 2011-August 2011

Chafee Advisor-Field Practicum

Direct practice with foster care youth, either in alternative care or transitioning from alternative care. Assessed individual needs, developed and implemented treatment plans, facilitated family support team meetings, connected youth to necessary resources and supports, and taught life skills. Developed State of Missouri Chafee Program transportation module curriculum.

Boys and Girls Town of Missouri

April 2007-January 2008

Youth Care Specialist

Provided for the physical and emotional needs of cottage residents, and stimulated healthy family living experience. Organized and supervised daily activities including, but not limited to: medication passes, clothing vouchers, transportation, mediation, homework, active listening, participation in group therapy, building personal relationships, modeling positive alternatives to negative behavior, and crisis intervention.

GRANTS

Boone County Children Services Board

Child Permanency Services

Joint Project: Family Facets and the Boone County Family Court

Grant FY 2020-2021, **Awarded:** 428,000

Boone County Children Services Board

Child Permanency Services

Joint Project: Family Facets and the Boone County Family Court

Grant FY 2018-2019, **Awarded:** 428,000

University of Missouri-Columbia

College of Human Environmental Sciences

PI: Rachel Bailey

Service Learning Course Re-design Grant

Theory of Social Work Group

Grant FY 2019, **Awarded:** 2,500

TRAUMA INFORMED COMMUNITY INVOLVEMENT

Missouri Department of Health Trauma Roundtable

September 2018- Present

Member

Participate in an invite only multidisciplinary team promoting trauma informed initiatives across the state. Represent the School of Social Work at annual roundtable meeting, ad hoc work groups, and web-based conferences.

Columbia Trauma Response Team

February 2016- December 2018

Clinical Supervisor

Formed multidisciplinary team of child welfare experts including DSS Unit Manager, AC/FCS Supervisors, Juvenile Officer, and Clinicians to provide trauma-informed care. Systematic integration of trauma principles into existing child welfare systems, which will inform placement and treatment decisions. Systematic collaboration and training through MOACTS and NCTSN.

Trauma-Informed Parenting

October 2012- December 2018

Researcher, Developer, and Facilitator

Researched, developed curriculum, and presented parenting class to 13th Circuit families of the Division, as part of MSW Field Practicum II. Pre and post-tests revealed increases in learned capacities in physiological effects of trauma, as well as behavior management. Permission granted by Department of Social Services to use curriculum under current Supplemental Children's Treatment Services Contract (Bailey Consulting).

Re-Occurring Issues in Child Welfare Bulletin
Researcher and Developer

May 2012- October 2012

Researched, developed, and disseminated to child welfare stakeholders in Boone County, as part of MSW Field Practicum II. Purpose to provide readily access to evidence-based interventions for frequent, or re-occurring issues in child welfare. Research findings, statistics, appropriate interventions, and resources for nine issues included in bulletin.

PUBLICATIONS

Canada, K. E., Freese, R., **Bailey, R.**, & Fitch, D. (in progress). Evaluating learning outcomes and assessing skill development: Comparing online vs. in-person education. Submitting to *Journal of Social Work Education*.

PRESENTATIONS

Peer Reviewed Presentations

Canada, K. E., Freese, R., Fitch, D., & **Bailey, R.** (2018, November). *Evaluating learning outcomes and assessing skill development: Comparing online vs. in-person education*. CSWE APM, Orlando, FL.

Invited Presentations

(November, 2019). “*Evidence based Formulation of Risk and Clinical Response.*” Presented to professionals seeking continuing education, Columbia, MO.

(April, 2018). “*Adverse Childhood Experiences and Harm Reduction in Child Welfare.*” Presented to Children’s Division, Columbia, MO.

(February, 2018). “*Adverse Childhood Experiences and Harm Reduction in Child Welfare.*” Presented to Fostering Court Improvement, Columbia, MO.

(November, 2017). “*How the Opioid Crisis is Impacting Family Reunification*”. Presented to National Family Preservation Network Annual Summit, Lumberton, North Carolina.

(November, 2017). “*Evidence Based Practice in Child Welfare.*” Presented to Fostering Court Improvement, Columbia, MO.

(October, 2017). “*Introduction to Dialectical Behavioral Therapy.*” Presented to School of Social Work, Columbia, MO.

(April, 2017). “*Working with Trauma at Micro, Mezzo, and Macro Levels of Social Work Practice.*” Presented to School of Social Work Class, Columbia, MO.

(March, 2016). “*Introduction to Dialectical Behavioral Therapy.*” Presented to Boone County Juvenile Office, Columbia MO.

(January, 2015). “*Trauma Informed Parenting.*” Presented to Foster Parent Support Group, Columbia, MO.

SERVICE

Academic

Décor Committee Chair	<i>2019- Present</i>
Master of Social Work Committee Member	<i>2019- Present</i>
Self-care Committee Member/Chair	<i>2018- Present</i>
Bachelor of Social Work Committee Member	<i>2014- 2019</i>
School of Social Work Field Committee Member	<i>2014-2016</i>

Community

DBT Vitality Consultation Team Member	<i>November 2016- Present</i>
NASW Member	<i>May 2012- Present</i>
Trauma Response Team	<i>February 2016- December 2018</i>
Columbia DBT Consultation Team Member	<i>December 2012 – July 2016</i>
Phi Alpha Member, Active	<i>2010- 2012</i>
MedZou Social Work Volunteer	<i>2012</i>
Older Youth Task Force	<i>2012</i>
Fostering Court Improvement	<i>2010</i>
