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# Karen Harman Woodbury

## MSW LCSW

### Education

**MSW (Master of Social Work)**, 1982 University of Missouri-Columbia  
(Emphasis Area: Rural Mental Health), Columbia, Missouri

**BSW (Bachelor of Social Work)**, 1981 University of Missouri-Columbia, Columbia,  
Missouri

**Social Work License No. 002661**

### Professional experience

**Clinical Instructor and Coordinator of the Northwest Mo. MSW Off-Campus Program  
at Missouri Western State College**

**School of Social Work University of Missouri-Columbia , Columbia, Missouri**

#### **Present Employment**

Coordinator the Northwest Missouri Off-Campus Program at Missouri Western State College  
in St. Joseph, Missouri. There were 45 students enrolled in the program on a part-time  
basis. In the winter of 2002, 35 students graduated from this program. In May of 2003, the  
remaining 10 students will graduate with their MSW degree. This position includes  
teaching classroom and field courses, acting as a field instructor, advising students,  
assisting with ITV distance learning, finding and staffing field placements, assisting in  
recruiting and consulting with classroom faculty and acting as on-site liaison to the  
administration of Missouri Western State College.

#### **Buchanan County Juvenile Office, St. Joseph, MO**

**Title: Mirror Images Group Facilitator**

**October 1997 to January 2000**

Co-wrote and was awarded a gender-specific grant from the Department of Public Safety to  
the Buchanan County Juvenile Office to create and facilitate a program targeting teenage  
female offenders and their mothers/significant friends in order to decrease the probability  
of the female offenders getting further into the criminal justice system. This program is not  
duplicated anywhere else and won the Missouri Juvenile Justice Award of Excellence in  
1998. It is currently in the process of being replicated in other juvenile justice programs.  
Program encouraged juvenile officers to look beyond initial reasons for referral and work  
with other systems such as schools, job programs, counselors, and the juvenile's families to  
create opportunities for change for both the mother and daughter.

**University of Missouri –Columbia, School of Social Work, Columbia, Mo.**

**Title: Consultant**

**March 1999 to May 1999**

Conducted needs assessment with Dr. Joanne Mermelstein in conjunction with Missouri Western State College to determine the interest, need, and possibility of a part-time, off-campus MSW degree program in the Northwest Mo. Area.

**Robidoux Middle School, St. Joseph, Mo.**

**Title: Interim School Counselor**

**February 1998 to June 1998**

Counseled and advised junior high students as a substitute when the regular counselor became ill. Worked with the Caring Communities Program staff to network and facilitate services for needy students and families. Helped create a lock-in that included workshops on different life issues relevant to teens.

**Youth Health Center, Heartland Regional Medical Center, St. Joseph, MO.**

**Title: Counselor**

**February 1996 to August 1997**

Counseling with children and families referred by pediatricians and nurse practitioners on a variety of health and mental health issues.

**Missouri Western State College, St. Joseph, MO.**

**Title: Instructor**

**January 1997 to May 1997**

Taught Introduction to Social Work as a substitute for the Professor who became ill.

**St. Joseph Youth Alliance, St. Joseph, MO.**

**Title: Community Resource Coordinator and Consultant**

**February 1995 to February 1996**

Worked with 125+ social service agencies in the St. Joseph and surrounding areas to coordinate resources and services for youth. Worked with the Department of Mental Health to try to coordinate wraparound services for youth in the St. Joseph community.

**Missouri Western State College, St. Joseph, MO.**

**Title: Acting Director of the Social Work Program**

**August 1993 to July 1994**

Interim Director duties included implementing Social Work Program guidelines, supervising Social Work faculty, teaching upper-level social work courses, advising students and serving on departmental committees.

**Missouri Western State College, St. Joseph, MO.**

**Title: Social Work Field Instructor/Practicum Coordinator**

**January 1992 to August 1994**

Coordinated and developed practicum sites for 24 BSW social work students in St. Joseph, Kansas City, Cameron, Maryville, Trenton, and the state of Kansas. Taught field practicum classes.

**Social Welfare Board, St. Joseph, MO.**

**Title: Client Advocate and Crisis Counselor**

**July 1990 to January 1992**

Developed counseling program for indigent clients from infancy to provide such services as counseling and advocate services for many individuals and families who fall “between the cracks” in the social service delivery system. Solicited funding sources to provide ongoing support; supervised MSW practicum students from the University of Missouri-Columbia and BSW students from Missouri Western State College.

**Missouri Western State College, St. Joseph, MO.**

**Title: Interim Social Work Instructor**

**August 1990 to December 1990**

Taught two courses, coordinated field program and advised students in lieu of a professor who was attending classes at Kansas University for a Ph.D.

**Heartland Samaritan Counseling Center, St. Joseph, MO.**

**Title: Psychiatric Social Worker**

**January 1990 to June 1990**

Part-time outpatient counseling with children adolescents, families and adults.

**Missouri Western State College, St. Joseph, MO.**

**Title: Instructor**

**January 1989 to May 1989**

Co-taught classes with a professor who was attending classes at Kansas University for a Ph.D.

**Hands of Hope Hospice, Heartland Regional Medical Center, St. Joseph, MO.**

**Title: Hospice Social Worker**

**November 1987 to May 1988**

Temporary social worker for hospice. Worked as part of a care team of doctors, nurses, chaplains, and in-home workers with families of terminally ill .

**Family Guidance Community Mental Health Center, St. Joseph, MO.**

**Title: Psychiatric Social Worker**

**April 1984 to September 1987**

Outpatient counselor for children, adolescents, and adults. Individual and group counseling. Developed “Feelings” groups for children of alcoholics ages 5 through 12 to deal with issues of growing up with an alcoholic.

**YWCA (Young Women’s Christian Association) , St. Joseph, MO.**

**Title: Choices Group Facilitator**

**May 1986 to May 1988**

Developed “Choices” program for the YWCA. Targeted adolescent females in the 7<sup>th</sup> and 8<sup>th</sup> grades to learn about issues such as self-esteem, decision-making, sexuality, values, etc. The St. Joseph School District Counseling Program adopted the program and continues to coordinate with the YWCA to continue this program within middle schools.

**SERVE INC , Fulton, MO.**

**Title: Director, WATCH House (Women's Alcohol Treatment Center and Home)**

**August 1982 to March 1984**

Administration and program development of a residential treatment program for women. Program included a shelter for abused women and a crisis line. Duties were supervision of staff, grant writing, and community education. Supervised practicums for University of Missouri-Columbia MSW and William Woods College BSW students.

**SERVE INC. Fulton, MO.**

**Title: Health Education Coordinator**

**May 1982 to August 1982**

Worked with the State Department of Health employees traveling to various cities. Taught health education teachers how to educate student about alcohol, drug and tobacco use.

**Additional professional activities**

YWCA Rape Crisis Center and Domestic Violence Shelter, Trainer and Consultant

Supervision of MSW's for licensure requirements

Healthy Communities Youth Partnership Committee

Missouri Juvenile Justice Association State Gender Specific Committee

National Juvenile Justice Center Graduated Sanctions Committee

Buchanan County Juvenile Office Consultant

**Professional memberships**

National Association of Social Workers

Missouri Juvenile Justice Association

Missouri Parent-Teacher Association

**Community activities**

YWCA Board Member and Past President

Buchanan County Drug Council

United Cerebral Palsy of St. Joseph Board President

Social Welfare Board Public Health Center board member

St. Joseph Safety Council Board Member

Co-Chair YWCA Women of Excellence

St. Joseph Youth Alliance

**Volunteer Activities**

United Way of St. Joseph Crystal Circle Member and Volunteer

Allied Arts volunteer

Robidoux Middle School Volunteer

St. Joseph School District Mentor

Heartland Regional Community Foundation Volunteer

**Awards received**

1998 Missouri Juvenile Justice Award of Excellence in Programs

1998 Roy Blunt Citation for Literacy