

VIRGINIA L. RAMSEYER WINTER, PhD, MSW

Curriculum Vitae

August 23, 2019

University of Missouri School of Social Work

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Twitter, Facebook, & Instagram: @CBIRP

CURRENT POSITIONS

Founding Director, University of Missouri Center for Body Image Research & Policy (CBIRP;
September 2018-present)

Assistant Professor, University of Missouri School of Social Work (August 2015-present)

EDUCATION

PhD, Philosophy – Social Work, University of Kansas – Lawrence, Kansas (2015)

Dissertation: “Sexual Objectification, Self-Objectification, Body Appreciation, and Quality of the Sexual Relationship in Relation to Preventative Sexual Health Behaviors in a Sample of Emerging Adult Women”

Committee Members: Toni Johnson, Michelle Johnson-Motoyama, Charlene Muehlenhard, Anne Williford; Advisor: Margaret Severson

MSW, Community Organizing and Health Concentration, University of Michigan – Ann Arbor, Michigan (2003)

BSW, University of Kansas – Lawrence, Kansas (2002)

RESEARCH AWARDS

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| 2019 | Society for Social Work & Research Deborah K. Padgett Early Career Achievement Award (nomination pending) |
| 2019 | MU President’s Award for Intercampus Collaboration 2018 (nominated) |
| 2018 | Most Innovative Hack-A-Thon Research Study Proposal, Strategic Training Initiative for the Prevention of Eating Disorders and Harvard Catalyst |
| 2018 | Outstanding Faculty Member, University of Missouri School of Social Work Alumni Organization |
| 2018 | Distinguished Research/Creative Activity Award, University of Missouri College of Human Environmental Sciences (nominated) |
| 2016-2017 | MU Faculty Scholars Program, University of Missouri System |
| 2016 | Outstanding Social Work Doctoral Dissertation Award, SSWR (nominated) |
| 2014 | Ann Weick Memorial Scholarship, University of Kansas School of Social Welfare – Lawrence, Kansas (\$1,250) |
| 2014-2015 | KU Institute for Policy & Social Research Doctoral Research Fellow – Lawrence, Kansas |
| 2014 | NASW Foundation Jane B. Aron Doctoral Fellowship, NASW Foundation – Washington, DC (unfunded) |

- 2014 Janice M. Epp Student Scholarship for the 2013 Annual Meeting, Society for the Scientific Study of Sexuality (\$225)
- 2013 Liana V. Davis Scholarship, University of Kansas School of Social Welfare – Lawrence, Kansas (\$2,000)

TEACHING AWARDS

- 2019 Association of College and University Educators and the American Council on Education ACUE Certificate in Effective College Instruction (completed)
- 2017 Excellence in Education Award, University of Missouri Division of Student Affairs (nominated)
- 2015 Advising Shout Out Award, University of Missouri Advisors Forum (nominated)
- 2014 GADE Student Award for Teaching in Social Work (nominated)

FUNDING (CURRENT)

University of Missouri Information Technology Committee (June 2019 – May 2020)

PI: Fang Wang, University of Missouri

Co-I: Virginia Ramseyer Winter

Sex Ed VR: Development of a Virtual Reality Sex and Body Image Education Program for SHAPE

\$22,335 Awarded

Emerging Scholars in Family Planning, Society of Family Planning (Oct 2018 – Sept 2019)

PI: Mackenzie Cook

Mentor: Virginia Ramseyer Winter

Exploring Teen Pregnancy in Rural Missouri

\$6,041 Awarded

National Institute of Health Loan Repayment Program (October 2017 – September 2019)

PI: Virginia Ramseyer Winter

Body Image & Health Disparities

Awarded

FUNDING (UNDER REVIEW)

Robert Wood Johnson Foundation Evidence for Action

PI: Virginia Ramseyer Winter

Co-Is: Drs. Sarah Pilgrim (UMKC), Aislinn Conrad (University of Iowa), Fang Wang (MU), and Yongnam Kim (MU)

Fostering Well-Being: An RCT testing the effectiveness of a mobile app intervention for foster parents on health outcomes for youth in foster care

LOI Under Review (\$660,000 requested)

National Institute of Child Health & Human Development R21 (April 2020 – March 2022)

PI: Virginia Ramseyer Winter

Co-Is: Drs. Sarah Pilgrim (UMKC), Elizabeth O'Neill (Washburn University), and

Wolfgang Wiedermann (MU); Consultant: Dr. Wendy Auslander (Washington U. St. Louis)
*Trauma, Body Image, and Attachment as Psychosocial Antecedents of Sexual Risk among
 Girls Involved in Child Welfare: A Longitudinal Investigation*
Under Review (\$412,370 requested)

National Institute of Mental Health Revised R61/R33 (April 2020 – March 2025)

PI: Virginia Ramseyer Winter

Co-Is: Drs. Antoinette Landor (MU), Kelli Canada (MU), Denise Wilfley (Washington
 University St. Louis), and Michelle Teti (MU)

Consultants: Drs. Eric Stice (Oregon Research Institute) and Kristen Morris (Colorado State
 University)

*Targeting Body Appreciation to Improve Depression among Women: A Clinical Trial of the
 3D Body Appreciation (3D-BAM) Intervention*

Revision Under Review (\$2,159,216 requested)

Missouri Department of Corrections Edward Bryne Memorial Justice Assistance Grant (January
 2020 – December 2020)

PI: Kelli E. Canada, University of Missouri

Co-Investigators: Drs. Kathleen Preble, Virginia Ramseyer Winter, and Carol Snively,
 University of Missouri

*General Training: Identification and Management of an Incarcerated Transgender
 Population*

Revision Under Review (\$53,157 requested)

FUNDING (COMPLETED)

Research Board, University of Missouri System (July 2017 – June 2019)

PI: Virginia Ramseyer Winter

Co-PIs: Sarah I. Pilgrim and Fang Wang

Mobile Training for Foster Parents: A Pilot

\$55,672 Completed

University of Missouri College of Human and Environmental Sciences Proposal Enhancement
 Support (Summer 2018)

PI: Virginia Ramseyer Winter

*Examining Body Appreciation as a Target of Depression: A Mechanistic Clinical Trial of
 the 3D Body Appreciation Mapping (3D-BAM) Intervention – NIMH Conference on Mental
 Health Services Research*

\$1,000 Completed

Margaret Mangel Research Catalyst Award, University of Missouri College of Human
 Environmental Sciences (June 2018 – May 2019)

PI: Virginia Ramseyer Winter

Co-Investigator: Mackenzie Cook

Body Image and Sexual Function among Individuals Engaged in “Hook Up” Culture

\$3,000 Completed

Richard Wallace Faculty Incentive Grant, Mizzou Alumni Association (June 2018 – May 2019)

PI: Virginia Ramseyer Winter

Co-Investigator: Michelle Teti, University of Missouri

Exploring how Fathers of Elementary School Girls Promote Positive Body Image and Create a Positive Body Image Environment

\$3,500 Completed

Faculty International Travel Grant, University of Missouri (June 2018)

Appearance Matters 7 Conference – Bath, England

\$1,000 Completed

MU PCOR Small Project Awards, University of Missouri Center for Patient-Centered Outcomes Research (June 2016 – December 2017) [AHRQ grant number R24HS022140]

PI: Virginia Ramseyer Winter

Co-Investigators: Antoinette Landor, Kristen Morris, Michelle Teti, University of Missouri

3D Body Appreciation Mapping (BAM): A Pilot Study of an Innovative Patient-Driven Body Image/Skin Tone and Health Intervention for College Women

\$20,000 Completed

Great Circle – St. Louis, Missouri (January 2017 – May 2017)

PI: Virginia Ramseyer Winter

Co-Investigators: Clark Peters, Hsun-Ta Hsu, University of Missouri

Body Image & Sexual Health Education for Foster Youth in Missouri and Defining Client Success (2 projects)

\$10,060 Completed

Faculty International Travel Grant, University of Missouri (June 2016 – July 2016)

Appearance Matters 7 Conference - London

\$2,000 Completed

Margaret Mangel Research Catalyst Award, University of Missouri College of Human Environmental Sciences (June 2016 – July 2017)

PI: Virginia Ramseyer Winter

Utilizing a New Recruitment Strategy to Investigate Diverse Women's Experiences with Body Image and Health

\$3,000 Completed

Richard Wallace Faculty Incentive Grant, Mizzou Alumni Association (January 2016 – December 2016)

PI: Virginia Ramseyer Winter

An Exploration of Body Image Assessment and Treatment in Mental Health Practice with Women

\$4,000 Completed

Seeding Interdisciplinary Research Collaborations program, University of Missouri College of Human Environmental Sciences (January 2016 – December 2016)

Lead Collaborator: Virginia Ramseyer Winter

Co-Collaborators: Antoinette Landor, Kristen Morris, Michelle Teti, University of Missouri

Collaborative Funding Proposal Development for a Body Image Intervention using Innovative 3D Body Scanning Technology
\$1,500 Completed

Doctoral Student Research Fund, University of Kansas Graduate Studies – Lawrence, Kansas
 (September 2014)
 PI: Virginia Ramseyer Winter
\$2,000 Completed

Doctoral Dissertation Grant Program, Fahs-Beck Fund for Research and Experimentation – New York, New York (July 2014)
 PI: Virginia Ramseyer Winter
\$5,000 Completed

Graduate Scholarly Presentation Travel Fund, University of Kansas Office Vice Provost for Research & Graduate Studies – Lawrence, Kansas (January 2012)
\$500 Completed

FUNDING (NOT FUNDED)

National Institute of Mental Health Revised R03 (January 2020 – December 2021)
 PI: Megan Pacey
 Co-PI: Virginia Ramseyer Winter
 Co-I: Dr. Bryn Austin, Harvard University
The Relationship between Family, School, and Community on Body Image and Eating Disorders among Transgender Young People in the Midwest
Revision not funded
Scored 45

Robert Wood Johnson Foundation Interdisciplinary Research Leaders (September 2019-
 Researcher Partners: Virginia Ramseyer Winter and Antoinette Landor, University of Missouri
 Community Partner: Derek Landes, Spectrum Healthcare
Cultivating Relationships among Service Providers to Reduce Sexual Health Disparities among Young Women of Color in Foster Care
Not funded

National Institute of Mental Health R03 (January 2019 – December 2020)
 PI: Megan Pacey
 Co-PI: Virginia Ramseyer Winter
 Consultant: Dr. Bryn Austin, Harvard University
The Relationship between Family, School, and Community on Body Image and Eating Disorders among Transgender Young People in the Midwest
Not funded
Scored 37

National Institute of Child Health & Human Development R03 (July 2019 – June 2021)

PI: Virginia Ramseyer Winter

Co-Investigators: Sarah Pilgrim, University of Missouri-Kansas City; Elizabeth O'Neill, Washburn University

Consultant: Dr. Michelle Johnson-Motoyama, The Ohio State University

Body Image and Sexual Health among Missouri Foster Youth

Not funded

William T. Grant Foundation (August 2019 – July 2021)

PI: Virginia Ramseyer Winter

Co-I: Fang Wang, University of Missouri

Community Partner: Derek Landes, Spectrum Health Care

Reducing Inequality in Sexual Health Outcomes in mid-Missouri

Not funded

National Institute of Aging R21 (July 2019 – June 2021)

PI: Virginia Ramseyer Winter

Co-I: Erin Robinson, University of Missouri

Consultant: Dr. Bryn Austin, Harvard University

Investigating Body Image as Potential Risk/Protective Factor for Health and Well-Being Outcomes among Women in Mid-Life

Not discussed

National Institute of Mental Health R61/R33 (July 2019 – June 2024)

PI: Virginia Ramseyer Winter

Co-Is: Antoinette Landor, Kristen Morris, Michelle Teti, and Erin Schliep, University of Missouri

Consultant: Dr. Eric Stice, Oregon Research Institute

Targeting Body Appreciation to Improve Depression among Women: A Clinical Trial of the 3D Body Appreciation Mapping (3D-BAM) Intervention

Not discussed

National Institute of Child Health & Human Development R03 (September 2018 – August 2020)

PI: Virginia Ramseyer Winter

Co-Investigators: Sarah Pilgrim, University of Missouri-Kansas City; Elizabeth O'Neill, Washburn University

Body Image and Sexual Health among Missouri Foster Youth

Not discussed

Council on Social Work Education (May 2018 – April 2019)

PI: Erin Robinson, University of Missouri

Co-Investigators: Virginia Ramseyer Winter, Carol Snively, University of Missouri

Rural Health in Missouri: Engaging Social Work Students to Become Effective Policy Advocates

Not funded

Missouri Department of Mental Health – Jefferson City, Missouri (June 2018 – May 2022)
 Subcontractor: Virginia Ramseyer Winter
 Funder: Missouri Health Care Foundation
Expanding Access to Specialized Treatment for Eating Disorders in Missouri
Not funded

Fahs-Beck Fund for Research and Experimentation Fellows Program (January 2018 – December 2018)
 PI: Virginia Ramseyer Winter
Exploring Body Image and Sexual Health among Adolescent Foster Youth in Missouri
Not funded

William T. Grant Scholars Program, William T. Grant Foundation – New York, New York (July 2018 – June 2023)
 PI: Virginia Ramseyer Winter
Decreasing Inequality among Missouri Foster Youth by Improving Body Image and Sexual Health
Not funded

National Institute of Child Health and Human Development (R21) – Rockville, Maryland (December 2017 – November 2019)
 PI: Virginia Ramseyer Winter
 Co-I: Bryn Austin
Improving Sexual Health Disparities among Youth in Foster Care: A Body Image and Sexual Health Intervention
Not discussed

National Endowment for the Arts – Washington, DC (May 2017 – April 2018)
 PI: Michelle Teti
 Co-Is: Virginia Ramseyer Winter, Antoinette Landor, Kristen Morris, Ashton Speno
The Body Positive: Using Photography to Express and Promote Healthy Body Image among Ethnically Diverse Women
Not funded

William T. Grant Scholars Program, William T. Grant Foundation – New York, New York (July 2017 – June 2022)
 PI: Virginia Ramseyer Winter
Impacting Body Image and Sexual Health Disparities among Adolescent Foster Youth in Missouri through Intervention and Policy
Not funded

PUBLICATIONS (PEER-REVIEWED)

(Students are noted with an asterisk.)

1. **Ramseyer Winter, V.**, Cook, M.*, & Hood, A.* (in press). Body image and sexual behavior among adult men who “hook up.” *Journal of Sex Research*. doi: <https://doi.org/10.1080/00224499.2019.1652237>

2. **Ramseyer Winter, V.**, Cook, M.*, Pekarek, E.*, & Ward, M.* (in press). Sex and substances: Does body image play a role? *Journal of Substance Use*. doi: 10.1080/14659891.2019.1642411
3. **Ramseyer Winter, V.**, Teti, M., Landor, A., & Morris, K. (in press). “On a journey to appreciate what my body does for me”: Qualitative results from a positive body image intervention study. *Social Work in Public Health*. doi: 10.1080/19371918.2019.1635951
4. Cook, M.*, **Ramseyer Winter, V.**, & O’Neill, E. (in press). Body appreciation and healthcare avoidance: A brief report. *Health & Social Work*.
5. Kennedy, A.*, Schneiderman, J. U., & **Ramseyer Winter, V.** (in press). Unhealthy weight change behaviors and body image perception. *Children & Youth Services Review*.
6. Kennedy, A.*, **Ramseyer Winter, V.**, & Corbin, M.* (in press). How do school policies impact adolescent body image? *Physical Educator*.
7. **Ramseyer Winter, V.**, Landor, A., Kennedy, A.*, & Gillen, M. (in press). Weight (mis)perceptions and sexual health among U.S. emerging adults. *Emerging Adulthood*.
8. Landor, A., & **Ramseyer Winter, V.** (2019). Relationship quality and comfort talking about sex as predictors of sexual health among young women. *Journal of Social and Personal Relationships*. doi: [10.1177/0265407519842337](https://doi.org/10.1177/0265407519842337).
9. **Ramseyer Winter, V.**, Landor, A., Teti, M., Morris, K., Schliep, E., Pevehouse-Pfeiffer, D., & Pekarek, E.* (2019). Is body appreciation a mechanism of depression and anxiety? An investigation of the 3-Dimensional Body Appreciation Mapping (3D-BAM) intervention. *Mental Health & Prevention, 14*, 200158. doi: <https://doi.org/10.1016/j.mph.2019.200158>
10. **Ramseyer Winter, V.**, Jones, A.*, O’Neill, E.* (2019). Eating breakfast and family meals in adolescence: The role of body image *Social Work in Public Health, 1-9*. doi: 10.1080/19371918.2019.1575314
11. **Ramseyer Winter, V.**, Ward, M.*, Pilgrim, S., Cook, M.*, & Summers, A.* (2019). Want to improve sexual health education for girls? Include body image. *American Journal of Sexuality Education, 14*(2), 152-164. doi: 10.1080/15546128.2018.1531362
12. **Ramseyer Winter, V.**, Danforth, L. K., Landor, A., & Pevehouse, D.* (2019). Toward an understanding of racial and ethnic diversity in body image among women. *Social Work Research, 43*(2), 69-80. doi: <https://doi.org/10.1093/swr/svy033>
13. **Ramseyer Winter, V.**, Massey Combs, K.*, & Ward, M.* (2018). An investigation of the association between foster care, body image, and BMI: A propensity score analysis. *Children and Youth Services Review, 84*, 82-85. doi: <https://doi.org/10.1016/j.chilyouth.2017.11.021>
14. **Ramseyer Winter, V.**, Ruhr, L., Pevehouse, D.*, & Pilgrim, S. (2018). Exploring body image, contraceptive use, and sexual health outcomes among an ethnically diverse sample of women. *Archives of Sexual Behavior, 47*(3), 715-723. doi: 10.1007/s10508-017-1121-3
15. Jones, A.*, **Ramseyer Winter, V.**, Pekarek, E.*, & Walters, J.* (2018). Binge drinking and cigarette smoking among teens: Does body image play a role? *Children & Youth Services Review, 91*, 232-236. doi: 10.1016/j.chilyouth.2018.06.005
16. **Ramseyer Winter, V.**, Brett, A.*, Pevehouse, D.*, O’Neill, E.*, & Ellis-Ordway, N. (2018). Body image assessment among community mental health providers. *Community Mental Health Journal, 54*, 600-606. doi: 10.1007/s10597-017-0194-8
17. **Ramseyer Winter, V.**, Gillen, M., Cahill, L.*, Jones, A.*, & Ward, M.* (2018). Body appreciation, anxiety, and depression among a racially diverse sample of women. *Journal of Health Psychology*.

18. **Ramseyer Winter, V.**, Gillen, M., & Kennedy, A.* (2018). Associations between body appreciation and communication about sex: A brief report. *Health Communication, 3*, 359-362. doi: 10.1080/10410236.2016.1255845
 19. **Ramseyer Winter, V.**, Teti, M., Koegler, E., Brett, A.*, Moore, A.*, & Landor, A. (2018). "What you see in the mirror": Community mental health practitioners define body image. *Social Work in Mental Health, 1*, 93-104. 10.1080/15332985.2017.1350615
 20. **Ramseyer Winter, V.**, Kennedy, A.*, & O'Neill, E.* (2017). Adolescent tobacco and alcohol use: The influence of body image. *Journal of Child and Adolescent Substance Abuse*. <http://dx.doi.org/10.1080/1067828X.2017.1279992>
 21. **Ramseyer Winter, V.**, O'Neill, E., & Omary, A.* (2017). Exploring relationships between body image and self-reported physical health among young women. *Health and Social Work, 42*(2), e62-e67. doi: <https://doi.org/10.1093/hsw/hlx006>
 22. **Ramseyer Winter, V.**, & Ruhr, L. R. (2017). Body appreciation and contraceptive use among college women: A brief report. *International Journal of Sexual Health, 29*(2), 168-172. doi:10.1080/19317611.2016.1259707
 23. O'Neill, E.*, **Ramseyer Winter, V.**, & Pevehouse, D.* (2016). Exploring body appreciation and women's health-related quality of life: The moderating role age. *Journal of Health Psychology, 24*(13), 1810-1819. doi: 10.1177/1359105316675212
 24. **Ramseyer Winter, V.** (2017). Toward a relational understanding of objectification, body image, and preventive sexual health. *Journal of Sex Research*. doi: 10.1080/00224499.2016.1190807
 25. **Ramseyer Winter, V.**, O'Neill, E.*, Begun, S.*, Kattari, S.*, & McKay, K. (2016). MSW student perceptions of sexual health as relevant to the profession: Do social work educational experiences matter? *Social Work in Health Care, 8*, 614-634. doi: 10.1080/00981389.2016.1189476
 26. Begun, S.*, Bird, M.*, **Ramseyer Winter, V.**, Massey Combs, K.*, & McKay, K. (2016). Correlates of social work students' abortion knowledge and attitudes: Implications for education and research. *Social Work in Public Health, 4*, 276-287. doi: 10.1080/19371918.2015.1137510
 27. **Ramseyer Winter, V.**, Brandon-Friedman, R.*, & Ely, G. (2016). Foster care and sexual health outcomes: A review of the literature. *Children and Youth Services Review*. doi: 10.1016/j.childyouth.2016.02.023
 28. **Ramseyer Winter, V.**, Kattari, S.*, Begun, S.*, & McKay, K. (2016). Personal and professional values: Understanding relationships between social workers' perceived abortion knowledge, anti-choice attitudes, and ethical reproductive health decision-making. *Journal of Social Work Values and Ethics, 13*(2), 35-46.
 29. Begun, S.*, Kattari, S.*, McKay, K., **Ramseyer Winter, V.**, & O'Neill, E.* (2016). Exploring U.S. social work students' sexual attitudes and abortion viewpoints. *Journal of Sex Research*.
 30. **Ramseyer Winter, V.**, & Satinsky, S. (2016). Sexual behavior in a diverse heterosexual sample: The influence of BMI. *International Journal of Sexual Health, 28*, 129-140.
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31. **Ramseyer Winter, V.**, Satinsky, S., & Jozkowski, K. (2015). Does women's body appreciation differ by sexual orientation? A brief report. *Journal of Bisexuality, 15*(1), 130-141. doi: 10.1080/15299716.2014.999903

32. McCave, E. L., Shepard, B., & **Ramseyer Winter, V.** (2014). Human sexuality as a critical subfield within social work. *Advances in Social Work, 15*(2), 409-427.
33. **Ramseyer Winter, V.**, & Satinsky, S. (2014). Body appreciation, sexual relationship status, and protective sexual behaviors in women. *Body Image, 11*, 36-42.
34. **Ramseyer Winter, V.** (2013). Diffusion of innovations theory: A unifying framework for HIV peer education. *American Journal of Sexuality Education, 8*(4), 228-245.
35. McCave, E. L., Chertok, I., **Ramseyer Winter, V.**, & Hale, Z. (2013). Sexual health behaviors in a random sample of students at a Mid-Atlantic university: 2010-2011. *Journal of Community Health, 38*(2), 310-319.
36. Bolen, R., **Ramseyer Winter, V.**, & Hodges, L. (2013). Affect and state dysregulation as moderators of the relationship between childhood sexual abuse and nonsuicidal self-injury. *Journal of Interpersonal Violence, 28*(1), 208-228.
37. **Ramseyer Winter, V.** (2012). Family planning and the Affordable Care Act: A strengths perspective policy analysis. *Perspectives on Social Work, 9*(1), 37-43.

PUBLICATIONS (PEER REVIEWED - UNDER REVIEW)

(Students are noted with an asterisk.)

1. Cahill, L.M., Biggs, E., Fisher, K.A., Robinson, W.T., & **Ramseyer Winter, V.** (under review). Sexual risk among age-diverse women: The role of body image. *Archives of Sexual Behavior*.
2. **Ramseyer Winter, V.**, Cook, M.* , Rose, K.* , & Hood, A.* (under review). Sexual function hook-up culture: The role of body image. *Body Image*.
3. **Ramseyer Winter, V.**, Cahill, L.* , & Kogler, E. (under review). Young women's body image: Perceptions of social class matter. *Psychology of Women Quarterly*.
4. Morris, K., **Ramseyer Winter, V.**, Landor, A., Teti, M., & Pekarek, E.* (under review). 3D body scanning's impact on self-objectification among young women. *International Journal of Fashion Design, Technology and Education*.
5. Cook, M.* , **Ramseyer Winter, V.**, & Ruhr, L. (under review). Body appreciation and discontinuing contraceptive use because of perceived weight gain: A brief report. *Archives of Sexual Behavior*.
6. **Ramseyer Winter, V.**, Ruhr, L., Ely, G., Ward, M.* , Burns, M.* , & Richardson, P.* (under review). The role of body appreciation in depression and anxiety among women. *Health & Social Work*.

PUBLICATIONS (PEER REVIEWED - IN PROGRESS)

(Students are noted with an asterisk.)

1. Cahill, L., Robinson, W.T., & **Ramseyer Winter, V.** (in progress). Body image and intimate partner violence among a population at high-risk for HIV: Findings from the New Orleans NHBS-HET 4 Cycle.
2. **Ramseyer Winter, V.**, Pevehouse, D.* , Moeller, K., & Gillen, M. (in progress). A systematic review of body image and risky sexual behavior among cisgender adults.
3. **Ramseyer Winter, V.**, Teti, M., & Ward, M.* (in progress). Raising daughters with a positive body image: The role of fathers.
4. **Ramseyer Winter, V.**, O'Neill, E., & Cook, M.* (in progress). Body image and SES among adults.

5. Ruhr, L., **Ramseyer Winter, V.**, Ely, G., & Backes, K.* (in progress). The relationship between body appreciation, weight loss behaviors, and abortion stigma.
6. **Ramseyer Winter, V.**, Pilgrim, S., Wang, F., & Micheas, L. (in progress). Fostering Well-Being: Results from an RCT test of an intervention aiming to improve sexual health and body image communication among foster parents.
7. Ellis-Ordway, N. & **Ramseyer Winter, V.** (in progress). Weight stigma as a violation of the NASW Code of Ethics: A call to action. Intended for submission to *Social Work*.

PUBLICATIONS (BOOK CHAPTERS)

1. **Ramseyer Winter, V.** (2018). Moving beyond body dissatisfaction and risky sexual behavior: A critical review of positive body image and sexual health scholarship. In E. Daniels, M. Gillen, & C. Markey (Eds.), *The body positive: Understanding and improving body image in science and practice*. Cambridge University Press.
2. Satinsky, S., & **Ramseyer Winter, V.** (2019). Attuned sexuality. In T. Tylka & N. Piran (Eds.), *Handbook of positive body image and embodiment: Constructs, protective factors, and interventions* (pp 91-101). New York: Oxford University Press.
3. Pilgrim, S., Ramseyer Winter, V., Cook, M.* (in progress). From settlement houses to the twittersphere: A history of sexual health and social work. *Handbook on Social Work and Sexualities*.
4. Snedecor, R., Brandon-Friedman, R.A., Ramseyer Winter, V. (in progress). Intersections between body image, sexual identity, and sexual health among transgender youth. *Handbook on Social Work and Sexualities*.

PRESENTATIONS (PEER-REVIEWED)

(Students are noted with an asterisk.)

1. **Ramseyer Winter, V.**, Cook, M.*, Pekarek, E.*, & Ward, M.* (2019, January). *An investigation of the association between body image and risky sexual behavior*. Presented at the Society for Social Work and Research 23rd Annual Conference, San Francisco, CA.
2. Ruhr, L., **Ramseyer Winter, V.**, Ely, G., & Backes, K.* (2019, January). *The relationship between body appreciation, weight loss behaviors, and abortion stigma*. Presented at the Society for Social Work and Research 23rd Annual Conference, San Francisco, CA.
3. Cook, M.*, & **Ramseyer Winter, V.** (2019, January). *Exploring body appreciation's association with halting birth control use due to fear of weight gain*. Presented at the Society for Social Work and Research 23rd Annual Conference, San Francisco, CA.
4. Morris, K., **Ramseyer Winter, V.**, Landor, A., Teti, M., & Pekarek, E.* (2018, November). *The Implications of 3D Body Scanning on State Self-Objectification*. Presented at the International Textile and Apparel Association Annual Conference, Cleveland, OH.
5. Jones, A.*, **Ramseyer Winter, V.**, Pekarek, E.*, & Walters, J.* (2018, November). *Body image and binge drinking among adolescents: Implications for social work practice*. Presented at the Council on Social Work Education 64th Annual Program Meeting, Orlando, FL.
6. Cook, M.*, Ward, M.*, **Ramseyer Winter, V.**, & Pekarek, E.* (2018, November). *Body image and risky health behaviors: Implications for social work education*. Presented at the Council on Social Work Education 64th Annual Program Meeting, Orlando, FL.

7. **Ramseyer Winter, V.**, Landor, A., Morris, K., Teti, M., & Pevehouse-Pfeiffer, D.* (2018, June) *3-Dimensional Body Appreciation Mapping (3D-BAM): Results from an intervention study*. Poster presented at Appearance Matters 8, Bath, United Kingdom.
8. **Ramseyer Winter, V.**, & Cook, M.* (2018, June) *Condom use while under the influence: The role of feeling unattractive*. Poster presented at Appearance Matters 8, Bath, United Kingdom.
9. **Ramseyer Winter, V.**, Landor, A., Morris, K., & Teti, M. (2018, April). *Exploring the possible benefits of using 3D technology in body appreciation interventions*. Poster presented at the International Conference on Eating Disorders (ICED), Chicago, IL.
10. **Ramseyer Winter, V.**, Jones, A.* , & O'Neill, E.* (2018, January). *Body image among youth: The influence of eating breakfast and family meals*. Poster presented at the Social Work and Research 22nd Annual Conference, Washington, DC.
11. **Ramseyer Winter, V.**, Massey Combs, K.* , & Ward, M.* (2018, January). *Does foster care influence body image and BMI?* Presented at the Social Work and Research 22nd Annual Conference, Washington, DC.
12. **Ramseyer Winter, V.**, Gillen, M., Jones, A.* , Cahill, L.* , & Ward, M.* (2018, January). *Exploring body image and mental health among women*. Poster presented at the Social Work and Research 22nd Annual Conference, Washington, DC.
13. **Ramseyer Winter, V.**, Gillen, M. M., Cahill, L.* , & Jones, A.* (2017, October). *Body appreciation, anxiety, and depression among a racially diverse sample of women*. Presented at the Council on Social Work Education Annual Program Meeting, Dallas, TX.
14. O'Neill, E.* , **Ramseyer Winter, V.**, & Pevehouse, D.* (2017, October). *Body image assessment among mental health providers: Implications for social work education*. Presented at the Social Work Education Annual Program Meeting, Dallas, TX.
15. **Ramseyer Winter, V.**, O'Neill, E.* , Kennedy, A.* , Liechty, J., & Landor, A. (2017, January). *Body image and health across the lifespan*. Social Work and Research 21st Annual Conference, New Orleans, Louisiana.
16. O'Neill, E.* , **Ramseyer Winter, V.**, & Satinsky, S. (2017, January). *The role of body appreciation on women's perceived physical and mental health status*. Society for Social Work and Research 21st Annual Conference, New Orleans, Louisiana.
17. **Ramseyer Winter, V.**, Landor, A., & Kennedy, A.* (2017, January). *Weight (mis)perceptions and sexual health among U.S. emerging adults*. Society for Social Work and Research 21st Annual Conference, New Orleans, Louisiana.
18. **Ramseyer Winter, V.**, & O'Neill, E.* (2016, June). *Investigating relationships between objectification, body image, and mental health outcomes in young women: An SEM test of objectification theory*. Appearance Matters 7 annual conference, London, UK.
19. **Ramseyer Winter, V.**, & Gillen, M. (2016, June). *Exploring relationships between body appreciation and communication about sex*. Appearance Matters 7 annual conference, London, UK.
20. **Ramseyer Winter, V.**, O'Neill, E.* , & Satinsky, S. (2016, June). *Body image and perceived physical health: Results from two studies*. Appearance Matters 7 annual conference, London, UK.
21. Kattari, S. K.* , McKay, K., Begun, S.* , & **Ramseyer Winter, V.** (2016, June). *Perceived relevance of preventive sexual health topics to social work: A study of MSW students*. American Association of Sexuality Educators, Counselors and Therapists Annual Conference, San Juan, Puerto Rico.

22. McKay, K., Kattari, S. K.*, Begun, S.*, & **Ramseyer Winter, V.** (2016, June). *Perceived reproductive health-related ethical decision making in social work*. American Association of Sexuality Educators, Counselors and Therapists Annual Conference, San Juan, Puerto Rico.
 23. **Ramseyer Winter, V.**, Brandon-Friedman, R. A.*, Kattari, S. K.*, McKay, K., & Begun, S.* (2016, January). Negotiating and communicating sexuality: Multiple methodologies; Diverse inquiries. Symposium conducted at the Society for Social Work and Research 20th Annual Conference, Washington, DC.
 24. **Ramseyer Winter, V.** (2016, January). *Sexual objectification, body image, and sexual health: An SEM test of a relational model*. In R.A. Brandon-Friedman (Discussant), Negotiating and communicating sexuality: Multiple methodologies; Diverse inquiries. Symposium conducted at the Society for Social Work and Research 20th Annual Conference, Washington, DC.
 25. **Ramseyer Winter, V.**, O'Neill, E.*, Begun, S.*, & McKay, K. (2015, November) *Are sexual and reproductive health issues relevant to the social work profession? A study of MSW students*. American Public Health Association Annual Meeting; Chicago, Illinois.
 26. Begun, S.*, Kattari, S.*, McKay, K., & **Ramseyer Winter, V.** (2015, November) *Social work students' abortion views: The role of sexual attitudes and sociodemographic characteristics*. American Public Health Association Annual Meeting; Chicago, Illinois.
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27. **Ramseyer Winter, V.**, & Satinsky, S. (2015, January) *An examination of the relationship between body appreciation and mental health outcomes among women*. Society for Social Work and Research 19th Annual Conference; New Orleans, Louisiana.
 28. Kapp, S., & **Ramseyer Winter, V.** (2014, October). *Teaching students to be consumer-centered administrators: What we do and don't know*. Poster presentation. Council on Social Work Education 60th Annual Program Meeting, Tampa, Florida.
 29. **Ramseyer Winter, V.**, & Satinsky, S. (2013, November). *Body appreciation, sexual relationship status, and protective sexual behaviors in women*. Society for the Scientific Study of Sexuality; San Diego, California.
 30. **Ramseyer Winter, V.**, & Satinsky, S. (2013, November). *Body size, ethnicity, income, and HIV testing among a diverse, heterosexual sample*. American Public Health Association Conference; Boston, Massachusetts.
 31. **Ramseyer Winter, V.**, & Satinsky, S. (2013, January). *Body appreciation & protective sexual behaviors among a community-based sample of women*. Society for Social Work and Research 17th Annual Conference; San Diego, California.
 32. Bolen, R., & **Ramseyer Winter, V.** (2012, January). *Predicting nonsuicidal self-injury: Complex interactions among posttraumatic symptoms and dissociation*. Society for Social Work and Research 16th Annual Conference; Washington, DC.
 33. Bolen, R., & **Ramseyer Winter, V.** (2012, June). *Avoidant posttraumatic symptoms as a moderator of the effect of intrusive symptoms on a history of nonsuicidal self-injury*. Poster presentation. American Professional Society on the Abuse of Children Conference; Chicago, Illinois.

PRESENTATIONS (FORTHCOMING)

(Students are noted with an asterisk.)

1. Cook, M.*, Hood, A., & **Ramseyer Winter, V.** (October, 2019). *Body image and sexual behavior among men who “hook up.”* Oral presentation to be presented at the Council on Social Work Education Annual Program Meeting; Denver, Colorado.

PRESENTATIONS (UNDER REVIEW)

(Students are noted with an asterisk.)

1. **Ramseyer Winter, V.**, Cook, M.*, Rose, K.*, & Hood, A.* (January, 2020). *Sexual function in adults who engage in “hook-up” culture: The role of body image.* Submitted to the Society for Social Work and Research Annual Conference, Washington, DC.
2. **Ramseyer Winter, V.**, & Cook, M.* (January, 2020). *Money cannot buy happiness, but can it buy positive body image? An investigation of SES and body image.* Submitted to the Society for Social Work and Research Annual Conference, Washington, DC.
3. **Ramseyer Winter, V.**, Pilgrim, S., Wang, F., & Micheas, L. (January, 2020). *Results from a pilot RCT sexual health and body image mobile application intervention for foster parents.* Submitted to the Society for Social Work and Research Annual Conference, Washington, DC.

PRESENTATIONS (INVITED)

(Students are noted with an asterisk.)

1. **Ramseyer Winter, V.** & Ward, M.* (2019, July 16). *Raising children with a positive body image.* Presented at the Unitarian Universalist Church of Columbia.
2. **Ramseyer Winter, V.** (2018, August 17). *Body image and health.* Presented at the University of Missouri College of Human Environmental Sciences fall faculty meeting.
3. **Ramseyer Winter, V.**, Landor, A., Morris, K., & Teti, M. (2017, September 12) 3-*Dimensional Body Appreciation Mapping (3D-BAM): A pilot intervention study.* Presented at the University of Missouri Patient Centered Outcomes Research Seminar Series. (presenting author)
4. **Ramseyer Winter, V.** (2017, April 27). *Health behavior & outcomes: The role of body image.* Presented at the University of Missouri Population, Education, & Health Seminar Series.
5. **Ramseyer Winter, V.**, & Ward, M.* (2017, April 24). *Body image, romantic relationships, and sexual behaviors: How are they associated?* Presented at the Teen Pregnancy and Prevention Partnership annual conference; St. Louis, Missouri. (co-presented)

PRESENTATIONS (TRAINING)

1. *Beyond the pictures: New strategies and tools for teaching about sexually transmitted infections.* Co-trainer, October 2011, Knoxville, TN.
2. *Engaging boys to prevent violence pilot curriculum training.* Co-trainer, February 2010, Knoxville, TN.

3. *Crazy in love: Helping teens and adults explore healthy and unhealthy relationships*. Co-trainer, February 2009, Knoxville, TN.
4. *Crazy in love: Helping teens and adults explore healthy and unhealthy relationships*. Lead trainer, May 2009, Knoxville, TN.
5. *Crazy in love: Helping teens and adults explore healthy and unhealthy relationships*. Co-trainer, October 2009, Nashville, TN.
6. *Sexuality education and training series, healthy relationships component*. Lead trainer, October 2007, February 2008, Nashville, TN.

MEDIA & PRESS

1. Ludden, D. (2019, August 1). *Why you need to talk about sex with your partner*. Psychology Today. <https://www.psychologytoday.com/us/blog/talking-apes/201908/why-you-need-talk-about-sex-your-partner>.
2. Rose, J. (2019, July 22). *Improving body image*. BYU Radio Sirius XM 143 Top of Mind with Julie Rose. <http://www.byuradio.org/episode/f7d425ab-03be-46ab-b424-6dfaf17c5b3b/top-of-mind-with-julie-rose-el-chapo-cultural-influence-of-dd-hot-houses?playhead=5031&autoplay=true>
3. O’Keefe, Kristin (2019, July 19). *Breakfast for teens: Can breakfast boost your teen’s body image?* Your Teen Magazine. <https://yourteenmag.com/health/physical-health/breakfast-for-teens-2>
4. Kaufman, G., Rowell, M., & Koester, R. (2019, July 11). *Studies suggest positive interactions with 3D avatars can improve body image*. KCUR Central Standard (Kansas City NPR station). <https://www.kcur.org/post/seg-1-women-law-seg-2-body-image-research#stream/0>
5. Rice, S. (2019, June 24). *Can ‘painting’ 3D scans improve body image?* Futurity.org. <https://www.futurity.org/3d-scans-body-image-2090142-2/>
6. Pedersen, R. (2019, June 23). *3D imaging can help women boost body image*. PsychCentral. <https://psychcentral.com/news/2019/06/22/3d-imaging-can-help-young-women-boost-body-image/148081.html>
7. Mazewski, J. (2019, March 28). *Eating breakfast with parents is associated with positive body image for teenagers*. Moms.com. https://www.moms.com/study-shows-eating-breakfast-with-teens-helps-with-their-body-image/?utm_campaign=246276_April%20Mizzou%20in%20the%20News&utm_medium=email&utm_source=email&dm_t=0,0,0,0,0
8. Rice, S. (2019, March 21). *Could family breakfast give kids good body image?* Futurity.org. <https://www.futurity.org/breakfast-families-children-body-image-2015072-2/>
9. Curtis, T. L. (2019, February 5). *Why doesn’t sex ed cover body image?* Mindbodygreen. <https://www.mindbodygreen.com/articles/body-image-taught-sex-education>
10. Laird, A. (2018, July 25). *Can Gen X women love their bodies?* Time. <http://time.com/5348584/body-positive-movement-gen-x-women/?xid=tcoshare>
11. Rice, S. (2017, June 25). *Good and bad teen body image tied to drinking*. Futurity.org. <https://www.futurity.org/teenagers-body-image-1467642-2/>
12. Grumman Bender, R. (2017, June 22). *Teens who believe they are ‘too fat’ more likely to smoke, drink*. Yahoo Beauty. <https://www.yahoo.com/beauty/teens-believe-fat-likely-smoke-drink-201311680.html>

13. University of Missouri-Columbia. (2017, June 21). Perceptions about body image linked to increased alcohol, tobacco use for teens: Findings provide support for increased body-image awareness to improve overall health. *ScienceDaily*. Retrieved July 15, 2017 from www.sciencedaily.com/releases/2017/06/170621151507.htm
14. Ramseyer Winter, V. (2016, June 13). *Positive body image can mean better health* [Audio interview]. Madison, Wisconsin: Wisconsin Public Radio. <http://www.wpr.org/positive-body-image-can-mean-better-health>

ADDITIONAL RESEARCH EXPERIENCE

Graduate Research Assistant, University of Kansas School of Social Welfare – Lawrence, Kansas (Summer 2013 – June 2014)

Advisor: Dr. Steven Kapp

Goal: Conduct mixed methods study to explore the administrative practices of consumer-centered administrators of community mental health centers.

Responsibilities: Conduct literature review; convene advisory panel; obtain IRB approval; and collect, analyze, and report data.

Graduate Research Assistant, University of Kansas School of Education – Lawrence, Kansas (Fall 2012)

Advisor: Dr. Sonya Satinsky

Goal: Manage data to gain an understanding of the academic publication process and help define individualized research agenda.

Responsibilities: Created and managed *Health at Every Size* dataset, created codebook, assisted in data analysis, completed review of literature, and assisted in manuscript preparation.

Research Assistant, University of Tennessee School of Social Work – Knoxville, Tennessee (2010-2011)

Advisor: Dr. Rebecca Bolen

Objective: Analyze data to gain understanding of predicting nonsuicidal self-injury behaviors among adult survivors of childhood sexual abuse.

Responsibilities: Provided assistance in analyzing and interpreting quantitative data using SPSS, conducted review of literature, assisted in writing and editing manuscript.

TEACHING EXPERIENCE

Assistant Professor, University of Missouri – Columbia, Missouri (2015 – present)

B.S.W. Courses

- Human Behavior and the Social Environment
 - Fall 2015 – 49 students
 - Spring 2016 – 50 students
 - Fall 2016 – 43 students
 - Spring 2017 – 48 students
 - Fall 2017 – 39 students
 - Spring 2018 – 49 students

- Fall 2018 – 26 students
- Spring 2019 – 40 students
- Summer 2019 – 10 students (ONLINE)
- Fall 2019 – 48 students
- Introduction to Community and Organizational Processes
 - Fall 2015 – 36 students
- Explorations in Social & Economic Justice
 - Fall 2017 – 29 students
 - Spring 2019 – 52 students

M.S.W. Courses

- Foundations of Human Behavior
 - Fall 2015 – 29 students
 - Fall 2016 – 36 students
 - Fall 2017 – 18 students
 - Fall 2019 – 11 students
- Social Policy and Service Delivery in Social Work
 - Spring 2019 – 28 students (ONLINE)

Women and Gender Studies Course

- Sexual Health Advocacy & Service Learning
 - Spring 2017 – 26 students
 - Spring 2018 – 30 students
 - Spring 2019 – 30 students

Graduate Teaching Assistant/Instructor of Record, The University of Kansas School of Social Welfare – Lawrence, Kansas (2011 – 2015)

M.S.W. Courses

- Community and Organizational Practice (Fall 2011)
- Human Behavior in the Social Environment (Spring 2012)
- Social Work Practice with Gay, Lesbian, Bisexual, and Transgender Clients (Summer 2012)
- Community and Organizational Practice-Blended (Fall 2012)
- Using Outcomes for Administrative and Advocacy Practice-Blended (Spring 2013; Spring 2014)
- Social Work Practice Seminar (Summer 2013)
- Human Behavior in the Social Environment-Blended (Fall 2013; Fall 2014)
- Cultural Diversity-Blended (Spring 2015)

DOCTORAL STUDENT RESEARCH

<i>Committee Chair</i>	Mackenzie Cook (University of Missouri School of Social Work, currently active)
<i>Committee Member</i>	Shannon Canfield (University of Missouri School of Social Work, currently active)
<i>Committee Member</i>	Laura Cahill, <i>The role of attachment style on the relationship between body image and reproductive health and sexual risk among women.</i>

(Louisiana State University School of Public Health, successfully defended April 2019)

UNDERGRADUATE STUDENT RESEARCH

Mentor Kelli Farlow, *Body image and sexual health*. Funded through MU College of Human Environmental Sciences PURE Award. (University of Missouri School of Social Work, graduated 2017)

Mentor Tawnie Nelson, *Eating disorders*. McNair Scholar Program. (University of Missouri, Psychology department, currently active)

PROFESSIONAL EXPERIENCE

2007-2011 **Community Health Educator**, Planned Parenthood of Middle & East TN – Knoxville, Tennessee
 Provided sexuality education and training; searched for and wrote grant proposals; completed evaluations and community needs assessments; served in leadership positions on community coalitions; collaborated with community partners; managed teen peer education program and after school teen clinic; and supervised MSW field placement students.

2005-2006 **Peace Corps Volunteer**, United States Peace Corps – Dashaguz, Turkmenistan
 Provided health education to local community; wrote grant proposals; immersed in local culture and community; coached students for country-wide debate tournament and Model United Nations conference; served as Safety Officer for local Peace Corps volunteers; and published Peace Corps newsletter.

2004-2005 **Volunteer Coordinator/Development Associate**, KC Free Health Clinic – Kansas City, Missouri
 Recruited, trained, managed and retained over 500 active volunteers; served on agency special events planning committees; organized volunteers for fundraising events; published newsletters; and organized community around tax increase to support safety net providers.

2003-2004 **Public Health Educator**, Kansas Department of Health and Environment – Topeka, Kansas
 Provided food safety education to food workers and community members; planned statewide conferences; wrote and implemented grants; and developed educational and promotional materials.

ACADEMIC SERVICE (UNIVERSITY)

2019-present **Member**, Institutional Review Board, University of Missouri

2019-present **Chair**, Traffic Appeals Committee, University of Missouri

2019 **Member**, Search Committee, University of Missouri School of Social Work – Columbia, Missouri

- 2018-2019 **Member**, Traffic Appeals Committee, University of Missouri
- 2018-present **Member**, Scholarship Committee, University of Missouri College of Human Environmental Sciences
- 2017-present **Member**, Doctoral Program Committee, University of Missouri School of Social Work – Columbia, Missouri
- 2017-present **Member**, Faculty Search Committee, University of Missouri School of Social Work – Columbia, Missouri
- 2017 **Member**, Policy, Planning & Administration Advanced Competencies & Practice Behaviors Committee for Reaffirmation, University of Missouri School of Social Work – Columbia, Missouri
- 2016-present **Member**, Research Committee, University of Missouri School of Social Work – Columbia, Missouri
- 2016-2018 **Stakeholder**, Excellence, Vision, and Achievement (EVA) Success Learning Community, University of Missouri – Columbia, Missouri
- 2016-2017 **Member**, Director Search Committee, University of Missouri School of Social Work – Columbia, Missouri
- 2015-present **Member**, BSW Committee, University of Missouri School of Social Work – Columbia, Missouri

ACADEMIC SERVICE (OTHER)

Conference abstract reviewer:

- Society for Social Work and Research, 2019

Editorial Board Member for the following journal:

- *Body Image*

Ad hoc reviewer for the following refereed journals:

- *Body Image*
- *Children & Youth Services Review*
- *Violence and Victims*
- *American Journal of Sexuality Education*
- *Emerging Adulthood*
- *Archives of Sexual Behavior*
- *Journal of the Society for Social Work and Research*
- *Psychology of Women Quarterly*
- *International Journal of Environmental Research and Public Health*
- *Sexually Transmitted Infections*
- *Journal of Sex & Marital Therapy*

COMMUNITY SERVICE

- 2017-present **Board Member**, Teen Pregnancy & Prevention Partnership - <http://www.teenpregnancy-mo.org/>
- 2017-present **Council Member**, Missouri Eating Disorders Council – www.moedc.org
- 2016-present **Volunteer**, Girl Scouts of the Missouri Heartland – Columbia, Missouri

2016-2017 **Advisory Committee Member**, Social Workers for Reproductive Justice –
www.swrj.org

PROFESSIONAL MEMBERSHIPS

Member, Society for Social Work and Research

Member, Council on Social Work Education