

[Street Address]

RACHEL M. BAILEY, MSW, LCSW

AREAS OF INTEREST

Trauma Focused CBT
Child Welfare
Prolonged Exposure

System-induced Trauma
Dialectical Behavioral Therapy
Family Preservation Models

EDUCATION

Master of Social Work
Clinical Practice
University of Missouri, Columbia

December 2012

Bachelor of Arts
Religious Studies
University of Missouri, Columbia

May 2007

EXPERIENCE

University of Missouri, School of Social Work
Clinical Instructor and BSW Field Education Coordinator

August 2014- Present

Coordinate undergraduate field practicum placements, and problem solve as needed. Initiate contact and collaborate effectively with community agencies to host student interns. Develop and facilitate orientations for students and Field Instructors. Teach Undergraduate Field Practicum, Graduate Field Practicum, Interaction Skills, Senior Professional Seminar, and Theory of Social Work Groups.

Family Facets Center
Assistant Clinical Director and Therapist

November 2013- Present

Provide individual and family therapy to children, adolescents, and adults. Strengths-based, client-centered, and trauma-informed methods. Clinical assessment and diagnosis, treatment planning, and ongoing progress notes. Development and implementation of quality assurance and utilization program. Responsible for personal hiring, staff development, supervision, and crisis management.

Field Instructor for MSW Student(s)

March 2016- Present
May 2015-October 2015
May 2014- October 2014

Dialectical Behavioral Therapy (DBT) Columbia
Co-Facilitator of Multi-Family Skills Group and Individual Therapist

December 2012- Present

Facilitator: Teach weekly group for adolescents and parents participating in DBT Columbia comprehensive program. Teach skills, review homework and diary cards, and problem solve over application of skills. Manage client challenges while preserving class content and purpose.

Therapist: Provide comprehensive DBT treatment to adolescents and adults. Attend weekly consultation, provide 24-hour coaching, and adhere to approved model.

Bailey Consulting
Parent Aide and Parent Educator

November 2012-February 2016

Private vendor through the Department of Social Services providing both Parent Aide Services and Parent Education to clients of the 13th Circuit Division.

Parent Aide: Assess, develop, and implement treatment plans. Teach and model life, parenting, behavior modification, time management, self-advocacy, and homemaking skills.

Parent Education: Present Trauma Informed Parenting curriculum in two hour, weekly format for biological and resource parents of traumatized children.

Family Facets

March 2008-June 2014

Intensive In-home/Intensive Family Reunification Specialist

Intensive in-home intervention, contracted through Missouri Children's Division, aimed at preventing removal and/or return of children to biological home. Assess family functioning, needs, identify barriers to reunification, develop goals, teach and implement skills, and assess safety daily. Collaborate with additional child welfare agencies, facilitate family support team meetings, and provide 24-hour coverage for crises.

Burns Consulting and Family Facets

May 2012- November 2012

Parent Aide/Education and Intensive In-home Consultant-Field Practicum

Parent Aide/Education: Assess, develop, and implement treatment plans. Teach and model life, parenting, behavior modification, time management, self-advocacy, and homemaking skills. Teach parenting class based on researched and developed curriculum.

Intensive In-home Consultant: Consulted with intensive in-home specialist employee.

Worked with Program Director to develop action plan to improve clinical work with clients. Assisted in implementation of action plan in the field. Taught, modeled, and problem solved over clinical and direct practice skills.

Family Facets

May 2011-August 2011

Chafee Advisor-Field Practicum

Direct practice with foster care youth, either in alternative care or transitioning from alternative care. Assess individual needs, develop and implement treatment plans, facilitate family support team meetings, connect youth to necessary resources and supports, and teach life skills. Development of State of Missouri Chafee Program transportation module curriculum.

Boys and Girls Town of Missouri

April 2007-January 2008

Youth Care Specialist

Provide for the physical and emotional needs of cottage residents, and stimulate healthy family living experience. Organize and supervise daily activities including, but not limited to: medication passes, clothing vouchers, transportation, mediation, homework, active listening, participation in group therapy, building personal relationships, modeling positive alternatives to negative behavior, and crisis intervention.

LICENSE

Licensed Clinical Social Worker
2013006683

January 2015

PRESENTATIONS

Dialectical Behavioral Therapy

Children's Division 13th Circuit

April 2014

Juvenile Office 13th Circuit

April 2014

Trauma Informed Practice

Court Appointed Special Advocates (CASA)

February 2013

Boone County Foster Parent Support Group

June 2014

Family Preservation

Court Appointed Special Advocates (CASA)

June 2013

**SPECIAL
PROJECTS****Columbia Trauma Response Team***February 2016- Present****Clinical Supervisor***

Formed multidisciplinary team of child welfare experts including DSS Unit Manager, AC/FCS Supervisors, Juvenile Officer, and Clinicians to provide trauma informed care. Systematic integration of trauma principles into existing child welfare systems, which will inform placement and treatment decisions. Systematic collaboration and training through MOACTS and NCTSN. Will be eligible for TFCBT certification in April 2017.

Trauma-Informed Parenting*October 2012- Present****Researcher, Developer, and Facilitator***

Researched, developed curriculum, and presented parenting class to 13th Circuit families of the Division, as part of MSW Field Practicum II. Pre and post-tests revealed increases in learned capacities in physiological effects of trauma, as well as behavior management. Permission granted by Department of Social Services to use curriculum under current Supplemental Children's Treatment Services Contract (Bailey Consulting).

Re-Occurring Issues in Child Welfare Bulletin*May 2012- October 2012****Researcher and Developer***

Researched, developed, and disseminated to child welfare stakeholders in Boone County, as part of MSW Field Practicum II. Purpose to provide readily access to evidence-based interventions for frequent, or re-occurring issues in child welfare. Research findings, statistics, appropriate interventions, and resources for nine issues included in bulletin.

**COMMUNITY
INVOLVEMENT**

Columbia DBT Consultation Team Member

December 2012 - Present

NASW Member

May 2012- Present

Phi Alpha Member, Active

2010- 2012

MedZou Social Work Volunteer

2012

Older Youth Task Force

2012

Fostering Court Improvement

*2010***TRAINING****Professional Training**

Trauma Focused Cognitive Behavioral Therapy

Prolonged Exposure Protocol in DBT

Resilience and Coping Intervention

Ethical Challenges in Administrative Work

Trauma Informed Approaches to Serving Children and Families

Risk and Substance Use Disorders Among Sexual Minorities

Dialectical Behavioral Therapy in Communities

Dialectical Behavioral Therapy with Individuals

Satori Alternatives to Managing Aggression (SAMA)

Supporting LGBTQ Youth: C.A.R.E.

21st Century Parenting

Happiest Baby on the Block

Disciplining Outside the Box: Charting the Course

State of Missouri Department of Social Services Training

Fundamentals of Intensive In-Home Services

Fundamentals of Intensive Family Reunification Services

Working With Fathers

Therapeutic Techniques for Families
Early Childhood Disorders
Trauma Bond Unleashed
Grief and Loss
Safety First
Engaging Challenging Families
Boundaries for Professionals and Clients

Conferences

Missouri Coalition of Children’s Agencies Conference 2007
Central Missouri ASD Conference 2010

QUALITIES

Leadership Time Management Communication Experience
Passionate Professionalism Vulnerability Commitment

REFERENCES

Suzanne Cary, MSW, LCSW
University of Missouri-Columbia
Field Director (573) 882-7671

Rebekah Freese, MSW, LCSW
University of Missouri-Columbia
Clinical Instructor (573) 823-2717

Andrea Burns, MSW, LCSW
Family Facets
IIS Supervisor (573) 514-2446

***Letters of reference available upon request.